Thank you for purchasing Pivot Works’ new shock thrust bearing kit. This thrust bearing is designed to sit between the shock spring and the preload adjusting nut on the shock. This bearing will eliminate spring binding during shock action. This bearing kit includes two cupped washers, one outer o-ring, one inner o-ring, and one thrust bearing.

1. Remove shock from dirt bike/ATV.

2. Carefully remove the shock spring by loosening the preload nut and using a spring compressor.

3. Pack the thrust bearing liberally with waterproof grease. Install the thrust bearing into the cupped washer with one o-ring on the inside and one o-ring on the outside. (picture 1).
4. Lay second cupped washer on top of thrust bearing enclosing it completely with the o-rings (picture 2).

5. Install assembled thrust bearing between top of shock spring and the preload adjusting nut. Tighten preload lock nut to factory specifications (picture 3).

6. Re-install shock on dirt bike/ATV according to manufacturer’s service manual and reset race sag.

7. Clean and lubricate bearing periodically.

Please carefully read these instructions to ensure that you install these bearings properly. Not installing these bearings properly could possibly damage your dirt bike or ATV or cause serious injury. Neither manufacturer, distributor, nor seller makes any warranty of merchantability of this product or of the fitness of this product for any particular purpose. This product is sold “as is” without warranty and without liability on the part of the manufacturer, distributor or seller for consequential damages. Any dispute arising out of the use of this product must be resolved under the laws of Iowa with a venue of Polk County, Iowa, USA.